

**SONRIDGE HEALTH & HEALING CENTER**  
**3750 US1 South**  
**St Augustine, FL 32086**  
**Martin Monahan DC, NMD**

**Initial Patient Info**    Date: \_\_\_\_\_

<b>Last Name, First Name, Middle Initial</b>	
<b>Gender (M or F)</b>	
<b>Birthdate (month/day/year ex. 05/25/1975)</b>	
<b>Email</b>	
<b>Phone Number (No Hyphens)</b>	
<b>Birthplace (ex. Orem, Utah, USA)</b>	
<b>Height (ex. 5 feet 6 inches)</b>	
<b>Weight (ex. 198lbs)</b>	
<b>Hair Color (as of age 8)</b>	
<b>Eye Color</b>	
<b>Current Address (include Street, City, State, &amp; Zip)</b>	

Please list, in order of importance, your top 5 health concerns. These may include physical, mental, and emotional ailments.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

- I. What symptoms are you having?
- II. Please list and date any disease name diagnoses you have received. (For example: "Lupus in 2012", "Autoimmune Disease in 2015", "Lyme in 2013")
- III. Have you ever been diagnosed with cancer? If so, when, and where was it located?
- IV. What type of work do you do? Include occupation, hobbies, etc.
- V. Do you smoke? If yes, what, how much, and for how long?
- VI. Have you had any recent vaccinations? If yes, when?
- VII. Please list and date all surgeries you have received. Were there any complications?
- VIII. Do you have a pacemaker or any other electronic implants? If yes, when did you receive it?

IX. Have you ever had a root canal or tooth extraction, if so approximately when it was performed?

X. How well do you sleep? (Number of hours)

### MEDICATION SUMMARY

I. Please list ALL medications you are CURRENTLY taking. Include oral and topical preparations.

II. In the past 2 years, have you taken any antibiotics or steroids? If yes, please list.

III. Have you had any medical or dental surgical procedures in the past 2 years? If yes, was general, local, or spinal anesthesia used?

IV. Have you used any recreational drugs within the last 2 years? If yes, please list.

